

Arch Lebensmittelhyg 67,
72–78 (2016)
DOI 10.2376/0003-925X-67-72

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ISSN 0003-925X

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Summary

Zusammenfassung

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Antifungal activities of different essential oils against anise seeds mycopopulations

Fungizide Aktivität verschiedener ätherischer Öle gegen Anissamen-Pilzpopulationen

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The aim of this study was to investigate the possibility of biological control of fungal species isolated from anise seeds using essential oils from medicinal plants: mint (*Mentha spicata* L.), sage (*Salvia fruticosa* L.), rosemary (*Rosmarinus officinalis* L.), anise (*Pimpinella anisum* L.), bitter fennel (*Foeniculum vulgare* spp. *piperitum* L.) and myrtle (*Myrtus communis* L.). Ten fungal species isolated from anise seeds: *Bipolaris/Drechslera sorokiniana*, *Fusarium subglutinans*, *F. verticillioides*, *F. oxysporum*, *F. tricinctum*, *F. sporotrichioides*, *F. equiseti*, *F. incarnatum*, *F. proliferatum* and *Macrophomina phaseolina*, were used in this experiment. The minimum inhibitory concentrations (MIC) were determined by micro-dilution method using selected essential oils (EOs). A qualitative and quantitative chemical analyses of EOs were carried out. All EOs exhibited a significant antifungal activity against all tested fungal isolates. The myrtle EO proved to be the most potent one (MIC 0.0003–3.25 mg/mL, then mint 0.0003–7.75 mg/mL and sage 0.0003–10 mg/mL). All tested fungi were observed to have a susceptibility to all selected essential oils. These results suggest the possibility for application of the EOs in biological control of anise production.

Keywords: Medicinal plants, fungi, essential oil, biological control, minimum inhibitory concentration

Das Ziel dieser Studie war es, ätherische Öle als biologische Pflanzenschutzmittel gegen Schimmelpilze, isoliert aus Anissamen, einzusetzen und deren Wirkung zu untersuchen. Die ätherischen Öle wurden aus verschiedenen Heilpflanzen gewonnen: Minze (*Mentha spicata* L.), Salbei (*Salvia fruticosa* L.), Rosmarin (*Rosmarinus officinalis* L.), Anis (*Pimpinella anisum* L.), Bitterfenchel (*Foeniculum vulgare* ssp. *piperitum* L.) und Myrte (*Myrtus communis* L.). Zehn Pilzarten wurden aus Anissamen isoliert und für die Untersuchungen herangezogen: *Bipolaris / Drechslera sorokiniana*, *Fusarium subglutinans*, *F. verticillioides*, *F. oxysporum*, *F. tricinctum*, *F. sporotrichioides*, *F. equiseti*, *F. incarnatum*, *F. Proliferatum* und *Macrophomina phaseolina*. Die minimalen Hemmkonzentrationen (MIC) wurden mittels Mikrodilutionsverfahren der ausgewählten ätherischen Öle bestimmt. Qualitative und quantitative chemische Analysen der ätherischen Öle wurden durchgeführt. Alle ätherischen Öle zeigten eine signifikante antimykotische Aktivität gegenüber allen getesteten Schimmelpilzarten. Das ätherische Öl der Myrte erwies sich als am wirkungsvollsten (MIC 0,0003-3,25 mg /ml) gefolgt von Minze (MIC 0,0003-7,75 mg /ml) und Salbei (MIC 0,0003-10 mg / ml). Alle untersuchten Pilze zeigten eine Anfälligkeit gegenüber den ausgewählten ätherischen Ölen. Diese Ergebnisse legen nahe, dass die Anwendung ätherischer Öle als Pflanzenschutzmittel für Anis eine Möglichkeit darstellen.

Schlüsselwörter: Heilpflanzen, Schimmelpilze, ätherisches Öl, biologische Pflanzenschutzmittel, minimale Hemmkonzentration

Introduction

In recent years, essential oils have received renewed attention due to their wide spectrum of biological activities against several pests such as microorganisms (Gayoso et al. 2005; Maksimovic et al. 2005; Cosic et al. 2010; Istianto and Emilda, 2011; Vitoratos et al. 2013; Mahilrajan et al. 2014;). Yegen et al. (1992) reported that the essential oils of several aromatic plants exhibited fungicidal toxicity against soil-borne phytopathogenic fungi *in vitro*. The essential oils and other products of plants have a wide application in folk remedies, fragrance industry, food flavoring and preservation, but only in recent years they have started to be recognized for their potential antimicrobial activity (Girish and Satish, 2008; Mousavi et al. 2009; Mousavi and Raftos, 2012). Numerous studies have documented the antifungal properties of plant products (Bouchra et al. 2003; Carmo et al. 2008; Tawassoli et al. 2011). Several essential oils have shown promising medicinal use due to their antimicrobial properties (Soliman and Badaea, 2002; Sökmen et al. 2004; Sitara et al. 2008). The cultivation of medicinal plants is affected by many plant diseases mainly caused by phytopathological fungi. The seeds are often infected and they germinate into the diseased seedlings. The presence of the fungi in medicinal plants reduces their quality and usefulness (Essono et al. 2007). The fungi produce mycotoxins which can be very dangerous for the people who consume medicinal plants in different forms. Mycotoxins are thermo-stable and cannot be destroyed by cooking. At the same time the medicinal plants present a very rich source of a biologically active compounds including antifungal activity (Douk et al. 1995; Kumar et al. 2007; Carmo et al. 2008; Arrebola et al. 2010; Zomorodian et al. 2011; Bouzenna and Krichen, 2013; Stević et al. 2014). The antimicrobial activity of selected species has already been demonstrated (Maksimovic et al. 2005; Carmo et al. 2008; Cosic et al. 2010; Tawassoli et al. 2011; Istianto and Emilda, 2011; Vitoratos et al. 2013; Mahilrajan et al. 2014).

One of the important means of the disease transmission is through seeds. Planting infected seeds may result in a widespread distribution of disease within the crop, and an increased number of initial infection sites from which the disease can spread. As the fungi are the largest group of pathogens, it is almost impossible to keep the seeds completely healthy. The only solution is biological protection of seeds from phytopathogenic mycopopulation. In this work we assess the possibility of using EOs as antifungal agents to prevent the development of fungal diseases on anise seeds.

Material and methods

Essential oils

In this study, mint (*Mentha spicata* L.), sage (*Salvia fruticosa* L.), rosemary (*Rosmarinus officinalis* L.), anise (*Pimpinella anisum* L.), bitter fennel (*Foeniculum vulgare* spp. *piperituum* L.) and myrtle (*Myrtus communis* L.) were obtained from Mersin (Turkey). A voucher specimen is kept in the herbarium of the Department of Food Engineering, Faculty of Agriculture, University of Selçuk, and identified by Dr. Bağcı. The voucher specimen cod numbers are MS334, SF534;RO278; PA333,FAV879 and MC207 for mint, sage, rosemary, anise and bitter fennel and myrtle, respectively.

Essential oils of selected plants including mint, sage, rosemary, anise, bitter fennel and myrtle were obtained by hydro-distillation in a Clevenger-type apparatus. The obtained essential oils were stored in sealed glass bottles, protected from the light by wrapping in aluminium foil and storing at -18°C .

Essential oils analysis

Analytical gas chromatography (GC/FID)

GC/FID analysis of tested essential oils was carried out on an Agilent Technologies gas chromatograph, model 7890A (Agilent Technologies, China), equipped with a split-splitless injector and automatic liquid sampler (ALS), attached to HP-5 column (30 m · 0.25 mm, 0.25 μm film thickness) and fitted to a flame ionization detector (FID). Carrier gas flow rate (H_2) was 1 ml/min, injector temperature was 250°C , detector temperature 260°C , while column temperature was linearly programmed from 40 – 260°C (at rate of $4^{\circ}/\text{min}$), and held isothermally at 260°C for the next 5 minutes. Sample solutions in ethanol (15 $\mu\text{l}/\text{ml}$) were consecutively injected by ALS (1 μl , split mode, 1:30).

Gas chromatography/mass spectrometry (GC/MS)

The same analytical conditions as those mentioned for GC/FID were employed for GC/MS analysis, along with column HP-5MS (30 m · 0.25 mm, 0.25 μm film thickness), using HP G 1800C Series II GCD system [Hewlett-Packard, Palo Alto, CA (USA)].

Instead of hydrogen, helium was used as carrier gas. Detector was heated at 260°C . Mass spectra were acquired in EI mode (70 eV), in m/z range 40–450. Sample solutions in ethanol (15 $\mu\text{l}/\text{ml}$) were injected by ALS (1 μl , split mode, 1:30).

The constituents were identified by comparison of their mass spectra to those from Wiley275 and NIST/NBS libraries, using different search engines (NIST and PBM). The experimental values for retention indices were determined by the use of calibrated Automated Mass Spectral Deconvolution and Identification System software (AMDIS ver.2.1.), compared to those from available literature (Adams, 2007), and used as additional tool to approve MS findings. Area percent reports, obtained as result of standard processing of chromatograms recorded by FID were used as base for the quantification purposes.

Isolations and identification of fungal species from anise seeds

The anise seeds were collected in three localities in the province of Vojvodina (Mošorin, Veliki Radinci and Ostojićevo). Four hundred seeds from each locality were sterilized with NaOCl for 3 minutes, rinsed with sterile water and transferred to the filter paper on Petri dishes, 10 cm in diameter. Fifty seeds from each locality were transferred to the PDA medium following the seed surface sterilization. After the eight-day incubation at 25°C , parts of the mycelia taken from well-developed colonies were transferred to the PDA in order to be further examined (ISTA, 2003). All fungi isolates were subcultured on PDA and the *Fusarium* isolates on carnation leaf agar (CLA). Fungal development from seeds were estimated and identified based on their morphology and cultural characteristics according to different protocols for fungal identification.

TABLE 1: Percentage composition of tested mint, sage, rosemary, anise, bitter fennel and myrtle oils.

| Constituents | KIE* | % | | | | | |
|------------------------------------|--------|--------------------|-------------------|---------------------|-----------------------|------------------|-------------------|
| | | <i>M. communis</i> | <i>M. spicata</i> | <i>S. fruticosa</i> | <i>R. officinalis</i> | <i>P. anisum</i> | <i>F. vulgare</i> |
| 1 Isobutyl isobutyrate | 916.3 | 0.4 | / | / | / | / | / |
| 2 Tricyclene | 918.6 | / | / | 0.1 | / | / | / |
| 3 α -Pinene | 930.1 | 6.0 | 0.3 | 7.0 | 7.5 | 0.1 | 0.6 |
| 4 Camphene | 944.6 | / | trace** | 4.4 | 1.9 | trace | 0.1 |
| 5 Sabinene | 971.1 | / | 0.1 | / | / | trace | 0.1 |
| 6 β -Pinene | 972.8 | / | 0.3 | 2.1 | 0.3 | / | trace |
| 7 1-Octen-3-ol | 986.5 | / | trace | / | 0.4 | / | / |
| 8 Myrcene | 991.4 | / | 0.2 | 2.4 | 1.9 | / | 0.5 |
| 9 Dehydro-trans-linalool oxide | 992.9 | 0.3 | / | / | / | / | / |
| 10 3-Octanol | 1001.1 | / | 0.2 | / | / | / | / |
| 11 α -Phellandrene | 1003.2 | / | / | trace | 0.1 | / | 0.1 |
| 12 α -Terpinene | 1014.7 | / | trace | 0.1 | 0.3 | / | / |
| 13 p-Cymene | 1023.0 | 0.2 | 0.9 | 0.2 | 0.8 | trace | 0.8 |
| 14 Limonene | 1026.2 | / | 2.7 | 0.6 | / | trace | 7.1 |
| 15 1,8-Cineole | 1028.5 | 22.0 | 3.1 | 53.9 | 70.3 | 0.5 | 0.5 |
| 16 γ -Terpinene | 1056.3 | / | 0.2 | trace | 0.2 | 0.0 | 0.2 |
| 17 cis-Sabinene hydrate | 1067.0 | 0.8 | 1.0 | trace | / | / | trace |
| 18 Fenchone | 1085.4 | / | trace | / | / | 0.2 | / |
| 19 Terpinolene | 1086.1 | / | / | 0.2 | 0.1 | / | / |
| 20 trans-Linalool oxide (furanoid) | 1088.1 | 0.9 | / | / | / | / | / |
| 21 Fenchone | 1089.7 | / | / | / | / | / | 25.7 |
| 22 trans-Sabinene hydrate | 1098.5 | / | 0.3 | / | / | / | / |
| 23 Isopentyl 2-methyl butanoate | 1100.3 | / | / | / | / | / | trace |
| 24 Linalool | 1102.5 | 35.7 | / | 1.4 | 0.5 | / | / |
| 25 cis-Thujone | 1104.0 | / | / | 1.0 | / | trace | / |
| 26 α -Pinene oxide | 1109.7 | 0.7 | / | / | / | / | / |
| 27 trans-Thujone | 1115.0 | / | / | 0.8 | / | / | / |
| 28 Fenchol | 1115.7 | 0.1 | / | / | / | / | trace |
| 29 trans-p-Mentha-2,8-dien-1-ol | 1121.6 | / | / | / | / | / | 0.2 |
| 30 3-Octanol acetate | 1124.5 | 0.1 | 0.1 | / | / | / | / |
| 31 α -Campholenal | 1125.4 | 0.2 | / | / | / | / | / |
| 32 Camphor | 1140.8 | 0.2 | trace | 15.6 | 4.6 | trace | 0.8 |
| 33 trans-Verbenol | 1145.5 | 0.7 | / | / | / | / | / |
| 34 δ -Terpineol | 1167.9 | 0.3 | 0.3 | 0.9 | / | / | / |
| 35 Terpinen-4-ol | 1175.9 | 0.4 | 1.0 | 0.5 | 0.7 | / | trace |
| 36 α -Terpineol | 1192.3 | 8.3 | / | 2.6 | 3.0 | / | / |
| 37 cis-Dihydro carvone | 1195.9 | / | 5.0 | / | / | / | / |
| 38 trans-2-Hexenyl butanoate | 1198.1 | 0.6 | / | / | / | / | / |
| 39 Methyl chavicol | 1198.3 | / | / | / | / | 3.2 | 61.7 |
| 40 Dihydro carveol | 1202.7 | / | 5.0 | / | / | / | / |
| 41 Verbenone | 1208.6 | 0.3 | / | / | / | / | / |
| 42 endo-Fenchyl acetate | 1218.9 | / | / | / | / | / | 0.1 |
| 43 3 α -Hydroxy-1,8-cineole | 1225.3 | 0.2 | / | / | / | / | / |
| 44 Nerol | 1230.9 | 0.6 | / | / | / | / | / |
| 45 cis-Carveol | 1231.2 | / | 1.3 | / | / | / | / |
| 46 exo-Fenchyl acetate | 1231.4 | / | / | / | / | / | 0.6 |
| 47 Pulegone | 1238.0 | / | 0.1 | / | / | / | / |
| 48 Carvone | 1244.2 | 0.1 | 66.1 | trace | / | trace | trace |
| 49 cis-Anethole | 1254.6 | 0.3 | / | / | / | / | / |

| | | | | | | | | |
|--------------------------------------|-----------------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 50 | Linalool acetate | 1255.0 | 9.8 | / | 0.1 | / | / | / |
| 51 | Neryl formate | 1260.9 | / | / | trace | / | 0.2 | / |
| 52 | trans-Carvone oxide | 1280.0 | / | 0.1 | / | / | / | / |
| 53 | Bornyl acetate | 1282.4 | 0.5 | / | 0.2 | 1.0 | / | 0.3 |
| 54 | Menth-1-en-9-ol | 1290.2 | 0.3 | / | / | / | / | / |
| 55 | trans-Anethole | 1294.6 | / | / | / | / | 93.6 | / |
| 56 | cis-Pinocanyl acetate | 1310.6 | 0.6 | / | / | / | / | / |
| 57 | Carvacrol | 1314.7 | / | / | 0.1 | / | / | / |
| 58 | Myrtenyl acetate | 1322.9 | 0.6 | / | / | / | / | / |
| 59 | iso-Dihydro carveol acetate | 1328.5 | / | 3.8 | / | / | / | / |
| 60 | exo-2-Hydroxycineole acetate | 1339.7 | 0.2 | / | / | / | / | / |
| 61 | α -Terpinyl acetate | 1347.1 | 1.4 | / | 0.8 | trace | / | / |
| 62 | cis-Canyl acetate | 1362.9 | / | 2.7 | / | / | / | / |
| 63 | Neryl acetate | 1363.6 | 0.6 | / | trace | / | / | / |
| 64 | (3Z)-Hexenyl hexenoate | 1369.9 | 0.2 | / | / | / | / | / |
| 65 | β -Bourbonene | 1379.3 | / | 1.1 | / | / | / | / |
| 66 | Geranyl acetate | 1383.4 | 2.9 | / | trace | / | / | / |
| 67 | β -Elemene | 1387.3 | / | 0.1 | / | / | trace | / |
| 68 | trans-Sobrerol | 1387.5 | 0.2 | / | / | / | / | / |
| 69 | cis-Jasmone | 1399.3 | / | 0.2 | / | trace | / | / |
| 70 | Methyl eugenol | 1406.2 | 0.7 | / | / | / | / | / |
| 71 | trans-Caryophyllene | 1412.8 | / | 0.3 | 0.8 | 2.1 | / | / |
| 72 | β -Copaene | 1423.0 | / | 0.1 | / | / | / | / |
| 73 | trans- α -Bergamotene | 1430.9 | / | 0.1 | / | / | trace | / |
| 74 | 8-Hydroxycarvotanacetone | 1432.6 | 0.5 | / | / | / | / | / |
| 75 | 6,9-Guaiadiene | 1438.2 | / | 0.3 | / | / | / | / |
| 76 | α -Himachalene | 1442.5 | / | / | 0.4 | 0.3 | trace | / |
| 77 | trans- β -Farnesene | 1453.8 | / | 0.2 | / | / | / | / |
| 78 | γ -Himachalene | 1472.4 | / | / | / | / | 0.7 | / |
| 79 | Germacrene D | 1475.4 | / | 0.3 | / | / | / | trace |
| 80 | trans-Calamenene | 1518.0 | / | 0.2 | trace | / | / | / |
| 81 | Spathulenol | 1575.0 | / | 0.1 | trace | / | / | / |
| 82 | Caryophyllene oxide | 1578.1 | 0.7 | 0.1 | 0.4 | trace | / | / |
| 83 | Viridiflorol | 1588.5 | / | 0.4 | 0.4 | / | / | / |
| 84 | Humulene epoxide II | 1604.4 | 0.2 | / | 0.2 | trace | / | / |
| 85 | 1,10-di-epi-Cubenol | 1611.3 | / | 0.1 | / | / | / | / |
| 86 | Humulene epoxide III | 1630.2 | / | / | 0.2 | / | / | / |
| 87 | α -Cadinol | 1652.7 | / | 0.1 | / | / | / | / |
| 88 | Cedr-8(15)-en-10-ol | 1656.3 | / | / | 0.2 | / | / | / |
| 89 | trans-Pseudoisoeugenyl 2-methylbutyrate | 1843.2 | / | / | / | / | 0.5 | / |
| 90 | Manool | 2049.9 | / | / | 0.1 | / | / | / |
| Sum of contents (% m/m) => | | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of constituents => | | 48 | 55 | 54 | 39 | 28 | 31 | |

* KIE = Kovats (retention) index experimentally determined by calibrated AMDIS (uncorrected values); **-value less than 0.1 %

Antifungal assay *in vitro*

A minimum inhibitory concentration (MIC) was determined by modified micro-dilution method in 96 well micro-titer plates (Douk et al. 1995; Nikolić, 2014). The fungal spores were washed from the surface of agar plates with sterile 0.75 % saline containing 0.1 % Tween 80 (vol/vol). The spore suspension was filtered and adjusted with sterile saline to a concentration of approximately 1.0×10^5 – 5.0×10^5

spores per ml using a hemocytometer. In each well with 90 μ L potato dextrose medium with appropriate dilutions of the EO 10 μ L fungal inoculum was added. All experiments were performed in duplicates and repeated four times. The microplates were incubated for 72 h at 28 °C. The MIC was defined as the lowest concentration of essential oils (EO) which completely inhibited the visible fungal growth. Fluconazole was used as positive control.

Statistical analysis

The values of the minimal inhibitory concentrations (MIC) were accomplished by Duncan's multiple range tests. Analysis of the variance was performed on MIC data of eight oils on 10 pathogenic fungi. Significance was evaluated at $p < 0.05$ for all tests. Statistical analyses were done by procedures of STATISTICA v.7 (StatSoft, Inc.) and IBM SPSS Statistics v.20 (SPSS, Inc.).

Results and discussion

Chemical composition

The results obtained by chemical analysis of spearmint (*Mentha spicata* L.), Greek sage (*Salvia fruticosa* L.), rosemary (*Rosmarinus officinalis* L.), anise (*Pimpinella anisum* L.), bitter fennel (*Foeniculum vulgare* spp. *piperituum* L.) and myrtle (*Myrtus communis* L.) EOs are presented in Table 1. In total of 146 compounds were identified and presented in relative percentages. Ninety-six 96 compounds were present in concentration of 0.1 % and above. The oils of spearmint were characterized by the presence of 55, sage 54, rosemary 39, anise 28, bitter fennel 31 and myrtle 48 constituents. Results showed that 1,8-cineole was present in the major portion of three EOs samples: sage (53.88 %), rosemary (70.31 %) and myrtle (22.01 %). Chemical profiling of *Myrtus communis* oil revealed 48 compounds, with linalool (35.7 %) and 1,8-cineole (22 %) being the major ones, while spearmint oil was found to contain 55 compounds, with the biggest content of carvone (66.14 %). A chemical analysis of bitter fennel oil showed 31 compounds, and the main constituent was estragole (methyl chavicol) (61.75 %) followed by fenchone (25.66 %). This has already been shown by Özcan et al. (2006) from different part of plants, indicated that the oil of Turkish fennel (bitter) belongs to the methyl chavicol (estragole)-rich type. The *Mentha spicata* oil contained a high concentrations of carvone (66.1 %), but lower than *M. spicata* oil from South Africa (87.9 %), which Combrinck et al. (2011) reported. Essential oil compositions are largely determined by genetic, climatic and geographical factors (Van Vuuren, 2008).

Identification of fungal species from anise seeds

Ten different fungal species were identified, according to the morphological and molecular examination, in the collected anise seeds mycopopulation. The fungal species used in this study were specified in Table 2.

TABLE 2: The fungal species and their concentration of spores used in antifungal assay.

| No. | Species | Locality | Concentrations of spores | Accession No. |
|-----|-----------------------------------------|----------------|--------------------------|---------------|
| 1 | <i>Bipolaris/Drechslera sorociniana</i> | Mošorin | 1.0×10^5 | KR866080 |
| 2 | <i>Fusarium subglutinans</i> | Mošorin | 2.0×10^5 | KP126606 |
| 3 | <i>F. verticillioides</i> | Veliki Radinci | 3.0×10^5 | KP126613 |
| 4 | <i>F. oxysporum</i> | Mošorin | 4.0×10^5 | KP126610 |
| 5 | <i>F. tricinctum</i> | Veliki Radinci | 5.0×10^5 | KP126607 |
| 6 | <i>F. sporotrichioides</i> | Veliki Radinci | 5.0×10^5 | KP126611 |
| 7 | <i>F. equiseti</i> | Ostojicevo | 4.0×10^5 | KP126609 |
| 8 | <i>F. incarnatum</i> | Ostojicevo | 2.0×10^5 | KP126612 |
| 9 | <i>Macrophomina phaseolina</i> | Mošorin | 1.0×10^5 | KP281809 |
| 10 | <i>F. proliferatum</i> | Mošorin | 3.0×10^5 | KP126608 |

Antifungal assay in vitro

In this paper we examined the antifungal activity of EOs from spearmint (*Mentha spicata* L.), Greek sage (*Salvia fruticosa* L.), rosemary (*Rosmarinus officinalis* L.), anise (*Pimpinella anisum* L.), bitter fennel (*Foeniculum vulgare* spp. *piperituum* L.) and myrtle (*Myrtus communis* L.). The inhibitory activity of these oils on the growth of fungi was tested on the following species: *Bipolaris/Drechslera sorociniana*, *Fusarium subglutinans*, *F. verticillioides*, *F. oxysporum*, *F. tricinctum*, *F. sporotrichioides*, *F. equiseti*, *F. incarnatum*, *Macrophomina phaseolina* and *F. proliferatum*.

Results are shown on Table 3., Fig.1 and 2. The essential oils exerted varying levels of antifungal effects against fungal pathogens. Essential oils MIC values were in the range of 0.0003–10 mg/mL. Among the oils tested, myrtle EO proved to be the best inhibitor of all tested fungal isolates in concentrations between 0.0003 and 3.25 mg/mL, followed by spearmint (0.003–7.25 mg/mL) and Greek sage (0.003–10 mg/mL) which manifested a similar effect on all fungal species, although somewhat lower towards *F. verticillioides*.

The antifungal potential of oil tested can be presented as: *Myrtus communis* > *Mentha spicata* > *Salvia fruticosa* > *Pimpinella anisum* > *Foeniculum vulgare* spp. *piperituum* > *Rosmarinus officinalis*. *F. verticillioides* (MIC: 0.325–10 mg/mL) was the most resistant to the tested EOs, whilst the most sensitive was *Bipolaris/Drechslera sorociniana* (MIC: 0.000303–0.325 mg/mL).

According to the data from Jayant and Sankunny (2014) essential oil from *Rosmarinus officinalis*, *Salvia fruticosa*, *S.*

TABLE 3: Antifungal activity of the essential oils is expressed through the minimal inhibitory concentrations (mg/mL).

| Fungal species | Mint | Sage | Rosemary | Anise | Bitter Fennel | Myrtle |
|-----------------------------------------|------------------------|-----------------------|----------------------|---------------------|-----------------------|-----------------------|
| <i>Bipolaris/Drechslera sorociniana</i> | 0.003025 ^{da} | 0.003025 ^d | 0.03025 ^d | 0.325 ^d | 0.000303 ^d | 0.000303 ^d |
| <i>Fusarium subglutinans</i> | 0.05275 ^d | 2.8 ^{cd} | 3.25 ^{cd} | 0.0775 ^d | 1 ^d | 0.00325 ^d |
| <i>Fusarium verticillioides</i> | 7.75 ^{ab} | 10 ^a | 0.325 ^d | 0.325 ^d | 10 ^a | 3.25 ^{cd} |
| <i>Fusarium oxysporum</i> | 0.0775 ^d | 0.0775 ^d | 7.75 ^{ab} | 0.55 ^d | 10 ^a | 0.55 ^d |
| <i>Fusarium tricinctum</i> | 0.055 ^d | 0.055 ^d | 10 ^a | 0.325 ^d | 0.0325 ^d | 0.00055 ^d |
| <i>F. sporotrichioides</i> | 0.0055 ^d | 0.0055 ^d | 0.0505 ^d | 0.055 ^d | 0.01 ^d | 0.001 ^d |
| <i>F. equiseti</i> | 0.001 ^d | 0.001 ^d | 0.55 ^d | 5.5 ^{bc} | 0.775 ^d | 0.0575 ^d |
| <i>F. incarnatum</i> | 0.55 ^d | 0.55 ^d | 7.75 ^{ab} | 7.75 ^{ab} | 7.75 ^{ab} | 0.055 ^d |
| <i>Macrophomina phaseolina</i> | 0.05275 ^d | 0.05275 ^d | 7.75 ^{ab} | 0.325 ^d | 0.775 ^d | 0.0775 ^d |
| <i>F. proliferatum</i> | 0.325 ^d | 0.325 ^d | 10 ^a | 7.75 ^{ab} | 3.25 ^{cd} | 0.3025 ^d |

*Values of MIC, followed by the same letter are not significantly different ($p < 0.05$), according to Duncan's multiple range test.

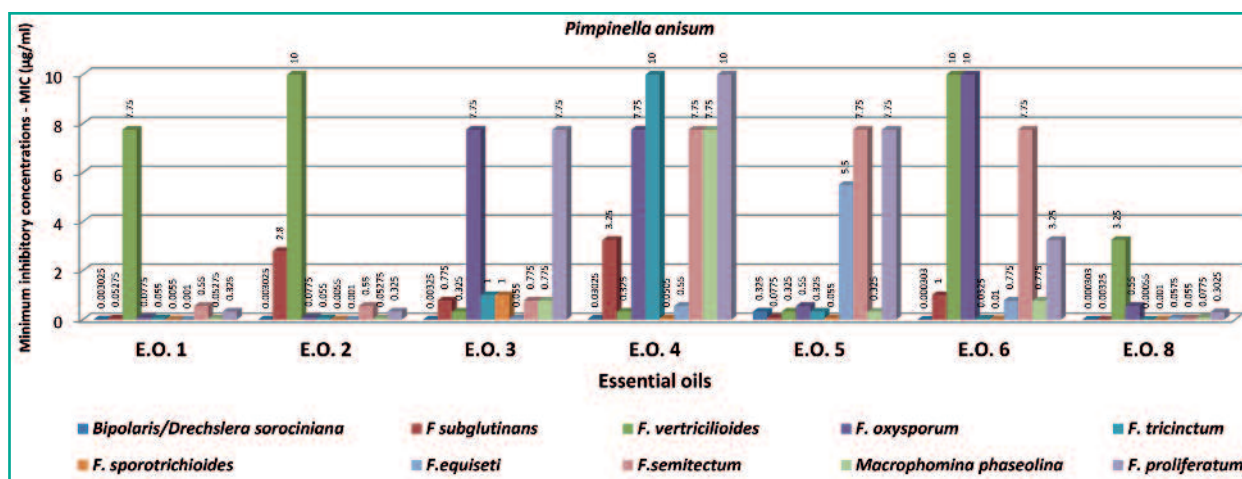


FIGURE 1: Antifungal activity of the essential oils is expressed through the minimal inhibitory concentrations (mg/mL) to the investigation fungi

officinalis and *S. rosifolia* have all demonstrated bioactive properties, especially antifungal activity to the *Fusarium oxysporum*, *F. moniliforme*, *F. solani* and *F. proliferatum*. Özcan and Chalchat (2008) reported that EO from rosemary (*Rosmarinus officinalis*) have inhibitory activity to the *F. oxysporum*. Results from Ibrahim and Ebady (2014) studies mark the MIC values of rosemary EO as 36.8 mg/ml for *Fusarium* spp., which is up to 5 times more than MIC values in our study to the same genus of fungi.

Anise oil was found to inhibit the growth of 8 *Fusarium* species in concentrations between 0.7 and 2.2 mg/mL (Stevic et al., 2014), while we found inhibitory concentrations against 7 *Fusarium* species between 0.05–7.75 mg/mL. Bitter fennel EO has already been reported to express a high inhibitory effect against *F. oxysporum* (Özcan et al. 2006). Combrinck et al. (2011) proved high inhibitory role of *Mentha spicata* oil against numerous fungal pathogens.

The antifungal activity of the EOs from this study can be explained by the high presence of the major oil constituents: 1,8-cineole, linalool, estragole, carvone and anethole as already mention Özcan et al. (2006), Özcan and Chalchat, (2008) and Nikolic et al. (2014). Hung et al. (2010) and Stevic et al. (2014) explained the high activity of anise oil with significant presence of *trans*-anethole. Anise seed oil, sage and fennel are some of the examples of important EOs as already showed by Hussain et al. (2008) and Hammer and Carson (2011).

The results obtained *in vitro* could be useful from the practical point of view. An opportunity to test these results *in vivo*, by seed dressing with EOs investigated here, can lead to better monitoring of seedlings' health.

Conclusions

The selected essential oils exhibited valuable antifungal activity against all tested organisms that are known as food pathogens. In accordance with the earlier reports the results

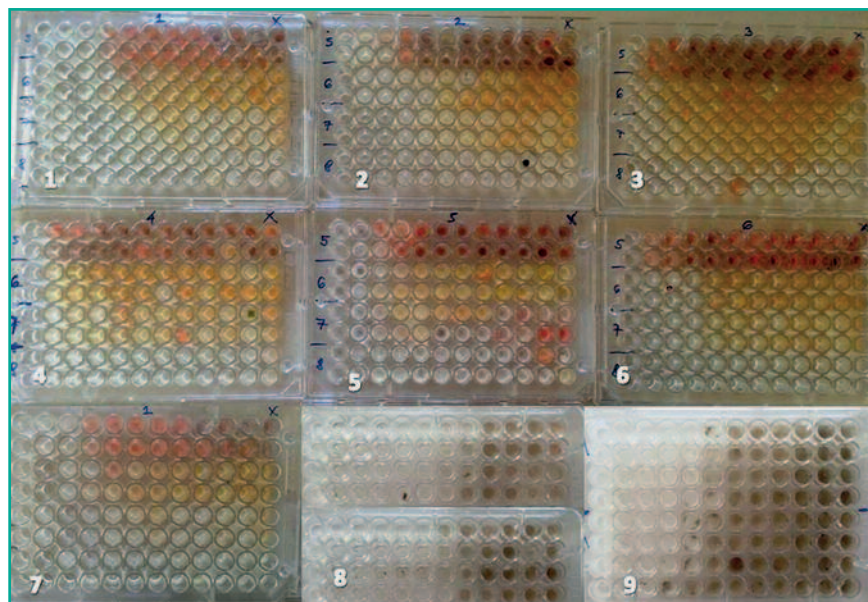


FIGURE 2: Micro-dilution method: antifungal effect of investigated essential oils (1) *F. equiseti* (2) *F. incarnatum* (3) *F. verticillioides* (4) *F. subglutinans* (5) *F. proliferatum* (6) *F. oxysporum* (7) *F. sporotrichioides* (8) *Bipolaris/Drechslera sorociniana* (9) *Macrophomina phaseolina*.

of the present work suggested that some essential oils can be applied as mould inhibitors to prevent growth of toxigenic fungi. A food product requires a very low initial microbial load and inhibition during the production period for an adequate shelf-life. Additionally, a combination of essential oils may provide an effective mean for the inactivation of pathogenic and spoilage microorganisms. These results suggest the potential use of some essential oils as antifungal agents. Further studies on the combined effects of many local plant essential oils is required.

Conflict of interest

The authors have no conflict of interest and confirm that all the information is true and correct.

Acknowledgements

The authors extend their appreciation to the International Scientific Partnership Program ISPP at King Saud University for funding this research work through ISPP# 0015.

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